Indigenous Knowledge Translation Process

Tina Linklater, Mental Wellness Coordinator
Carol Hopkins, CEO

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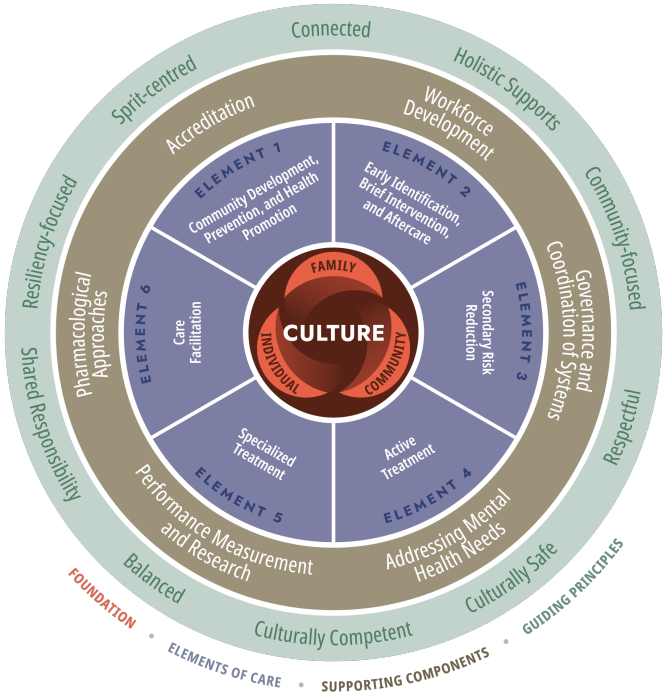
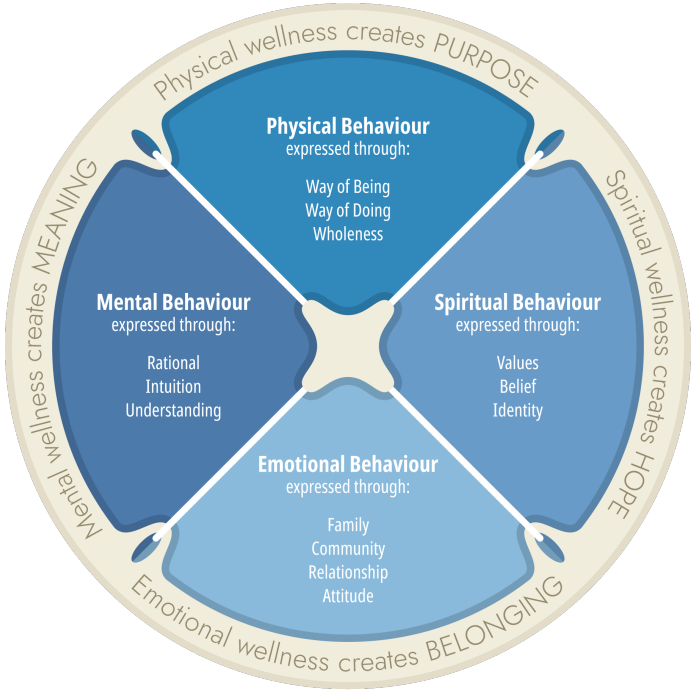
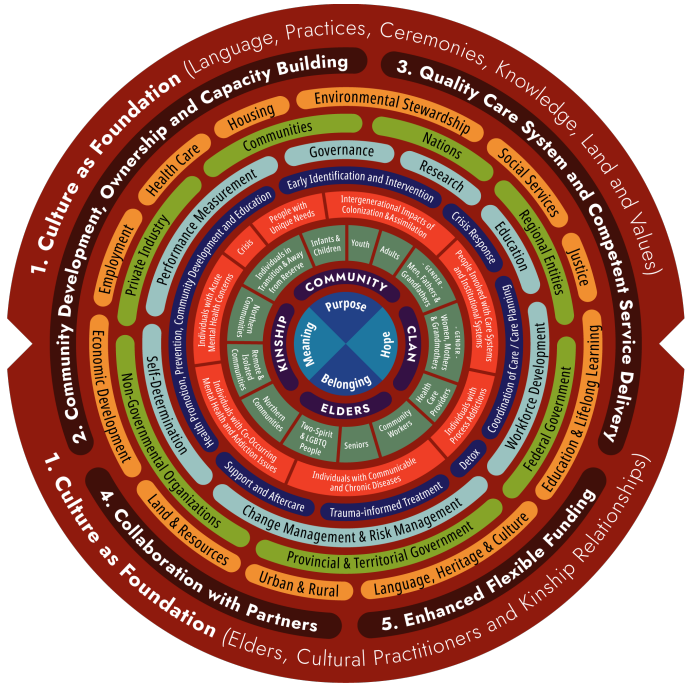
Mandate: Frameworks



Honouring Our Strengths



Indigenous Wellness Framework



First Nations Mental Wellness Continuum

What is knowledge translation?

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Key points

•**Gaps between evidence and decision-making** occur at all levels of health care, including inclusion of First Nations, health care professionals and policy-makers.

•Knowledge translation involves using **high-quality knowledge, Indigenous Knowledge, Data, Evidence, Practice Based Evidence in processes of decision-making.**

•The knowledge-to-action framework provides a model for the **promotion of the application** of research, wise practices, with culture relevance

•**The process** of knowledge translation mobilizes knowledge that will bring about action aimed to achieve meaningful and robust improvements

United Nations Declaration On The Rights Of Indigenous Peoples (2007)

The most comprehensive international instrument on the rights of indigenous peoples.

It establishes a universal framework of minimum standards for the well-being of the indigenous peoples of the world

Legislation in Canada in 2023

UNDRIP provides a clear message on sovereignty to land and knowledge:

- Self-determination
- Spiritual Relationship to land
- **Maintain and protect Indigenous Knowledge (IK) and manifestations of their evidence**

Truth and Evidence
Knowledge tethered to its origin

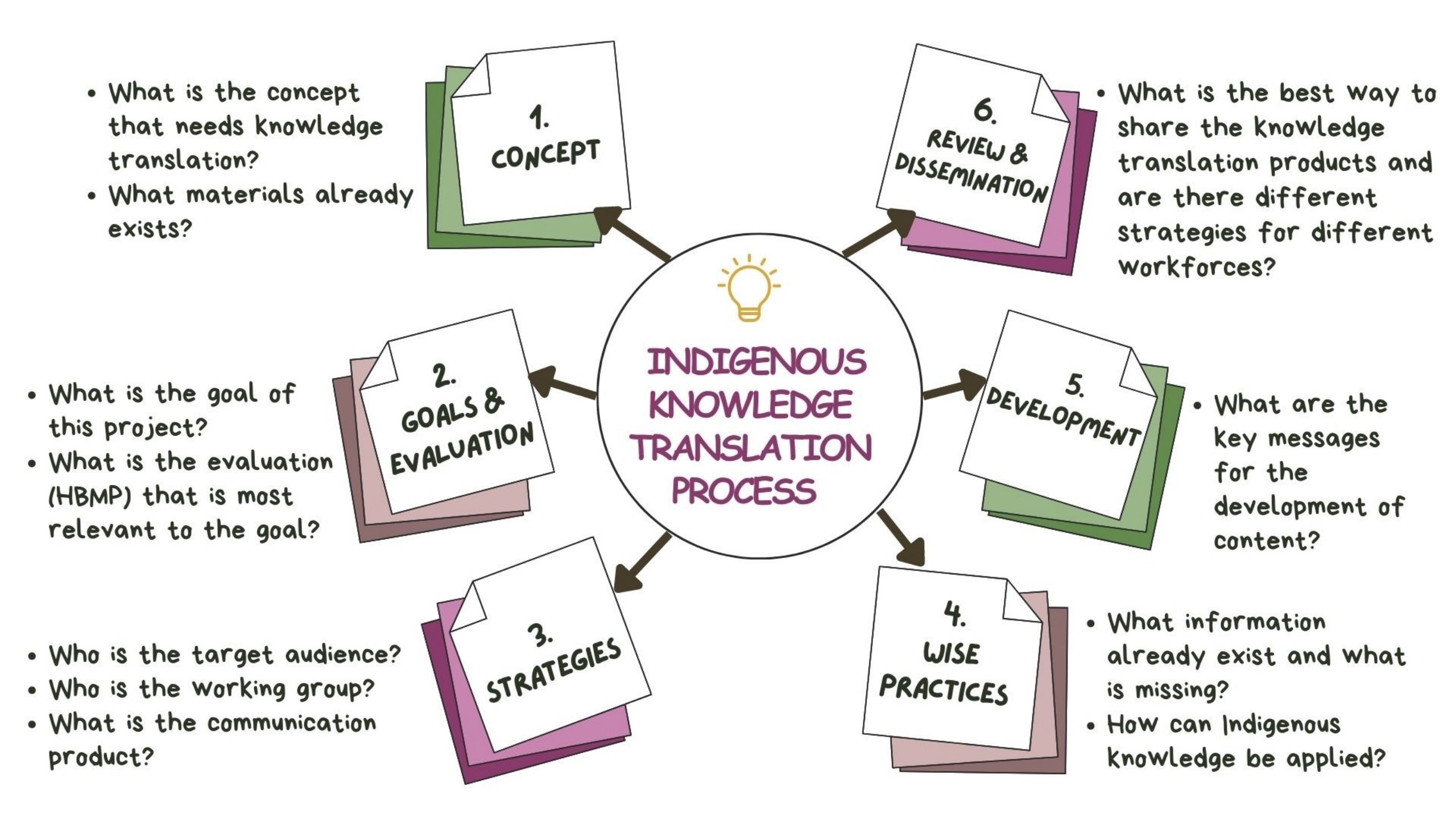
Western

- Theory until it's tested and then through the test there is collective agreement that this then must be the truth
- Ownership/authorship of knowledge
- Public knowledge
- Open to testing to determine validity
- Citation
- Truth is created through fundamental assumptions

Indigenous

- Source teaching is the ultimate knowledge, Original knowledge given by the Spirit
- Carried by the student /teachers to the people
- Held in trust
- Proof is in the evident truth that is visible in the world around us
- Translated across generations to make usable in all contexts while maintaining the truth of the knowledge
- Truth exists and is tethered to the source teaching

INDIGENOUS KNOWLEDGE TRANSLATION PROCESS



1. CONCEPT

- What is the concept that needs knowledge translation?
- What materials already exists?

2. GOALS & EVALUATION

- What is the goal of this project?
- What is the evaluation (HBMP) that is most relevant to the goal?

3. STRATEGIES

- Who is the target audience?
- Who is the working group?
- What is the communication product?

4. WISE PRACTICES

- What information already exist and what is missing?
- How can Indigenous knowledge be applied?

5. DEVELOPMENT

- What are the key messages for the development of content?

6. REVIEW & DISSEMINATION

- What is the best way to share the knowledge translation products and are there different strategies for different workforces?

Concept

Decolonize Harm Reduction

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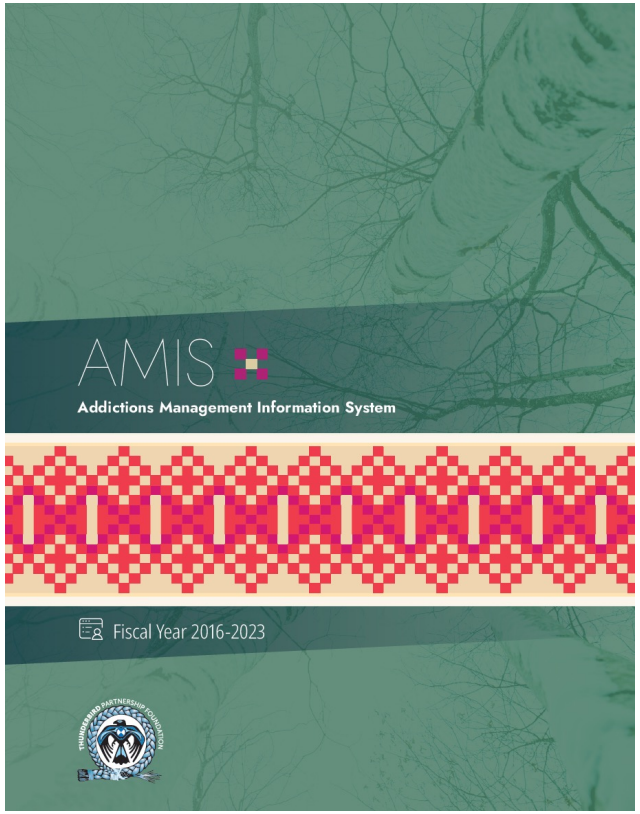
Indigenous harm reduction is love.
- Traditional Knowledge Carrier, Wanda Whitebird

Interagency Coalition on AIDS and Development
Coalition interagence sida et développement

Mental Health & Addictions among First Nations Communities: AMIS & FNOM



- Drug Use Screening Inventory-Revised questionnaire
- Native Wellness Assessment
- Utilized by the First Nations Addiction Management Information System that collects data from National Native Alcohol Drug Abus Program (NNADAP) and National Youth Substance Abuse Program (NYSAP) treatment centre across Canada

- First Nations Opioid and Methamphetamine Survey
- Native Wellness Assessment
- n=1729 surveys completed by First Nation communities

Goal

Culture is the Foundation

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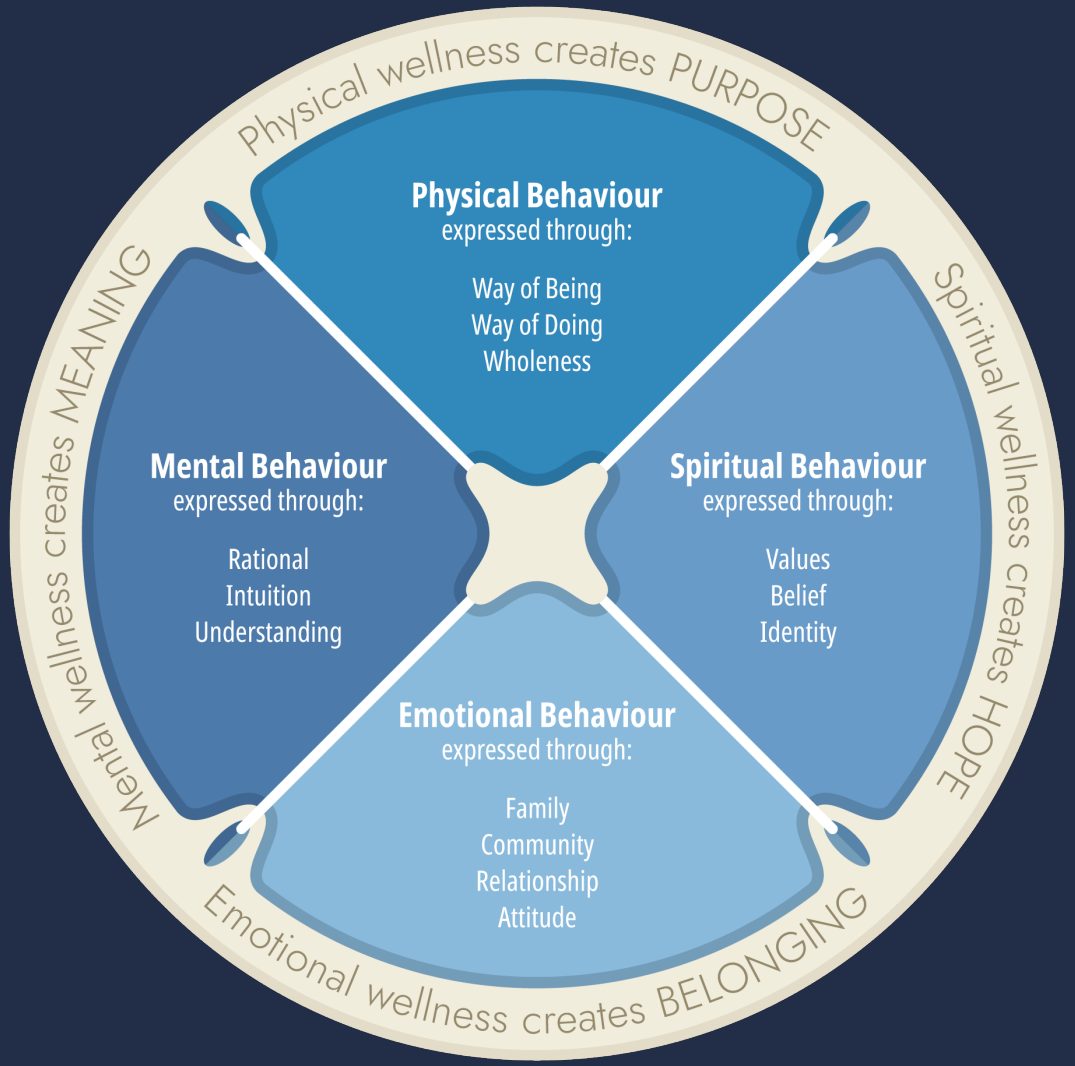
Evaluation

Hope Belonging Meaning Purpose



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Strategies

Samples of Knowledge Translation

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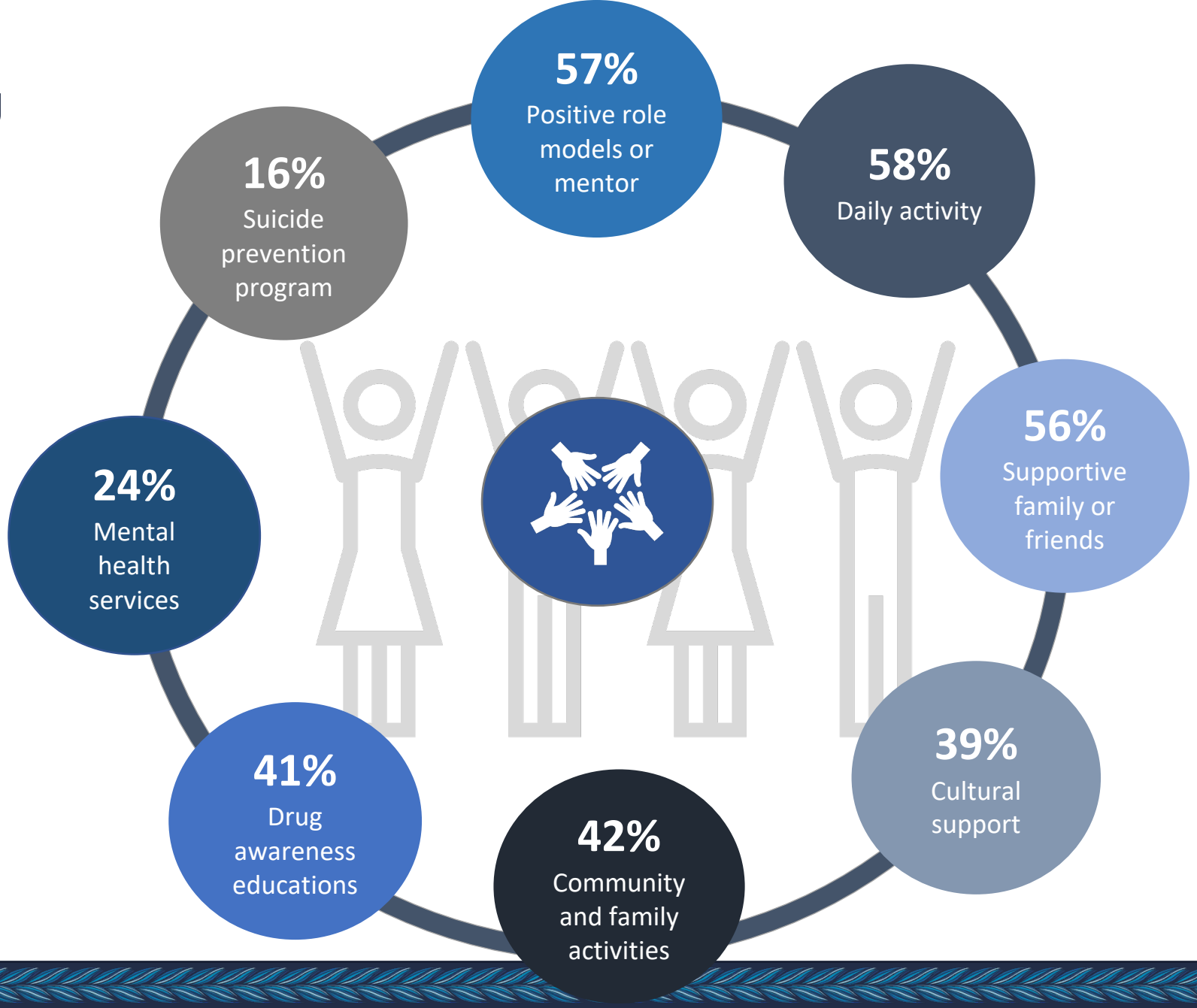
Reasons for not using Methamphetamines and/or Opioids in a harmful way



Reasons for not using methamphetamines and/or opioids in a way that increases your risk of harm section. Participants could select more than one option.

What if we believed culture and harm reduction are opposites and we should choose one or the other?

What are the possibilities when we explore how culture and harm reduction might work together?

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Wise Practices

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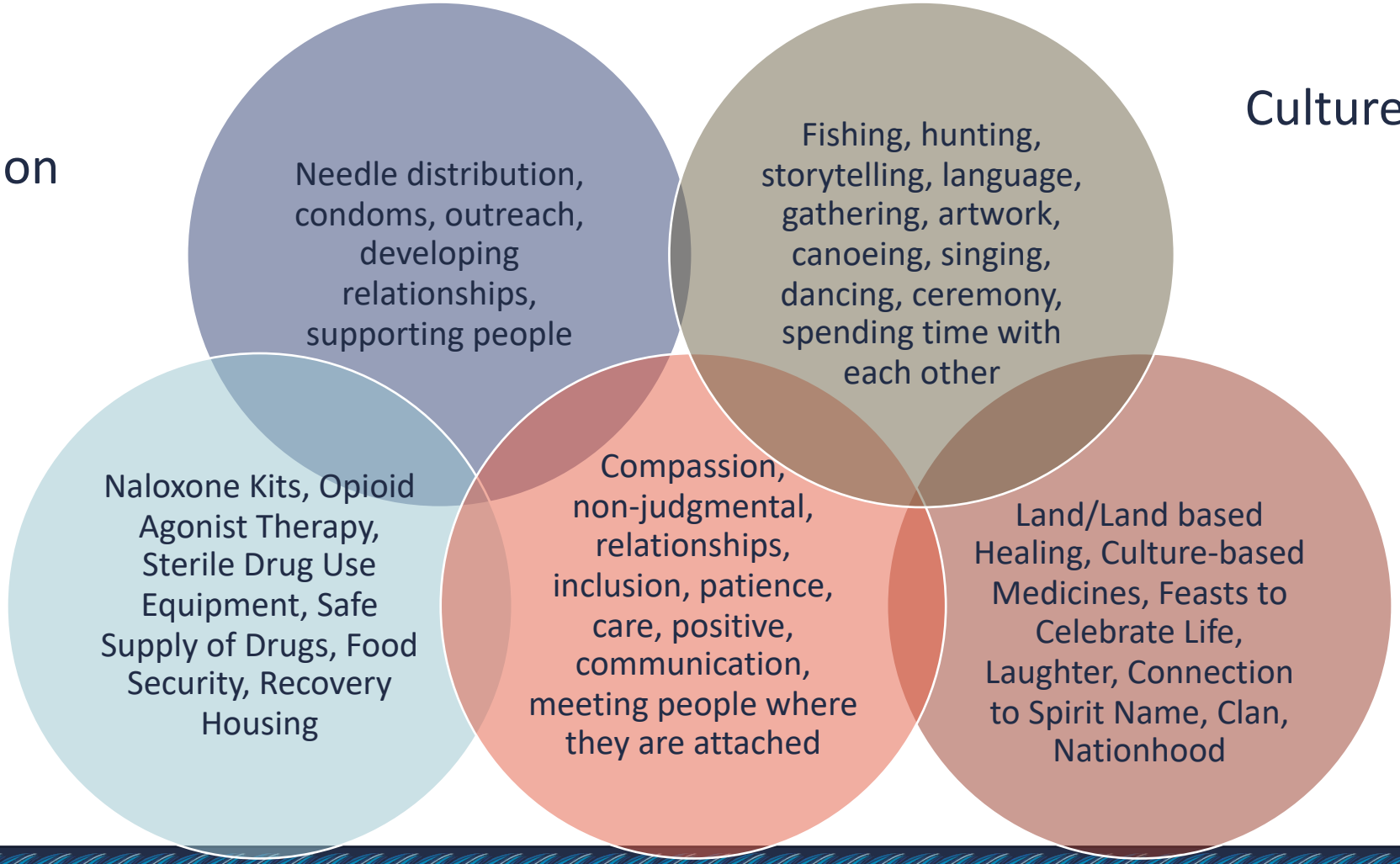
Example: Harm Reduction & First Nations Culture



Adapted from FNHA

Development

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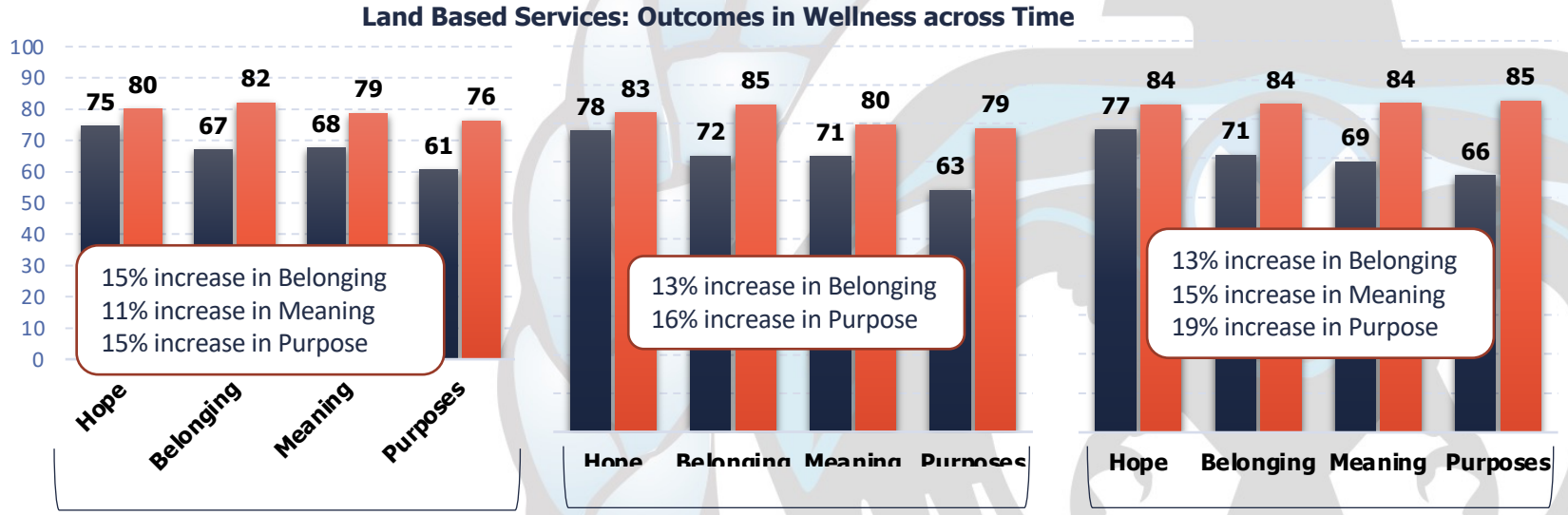
Land for Healing:
Key Findings Using The Native Wellness Assessment

- Measured change in wellness (Hope, Belonging, Meaning, and Purpose) over time with land-based cultural interventions
- Consistently, all wellness indicators of Hope, Belonging, Meaning, and Purpose improved over time

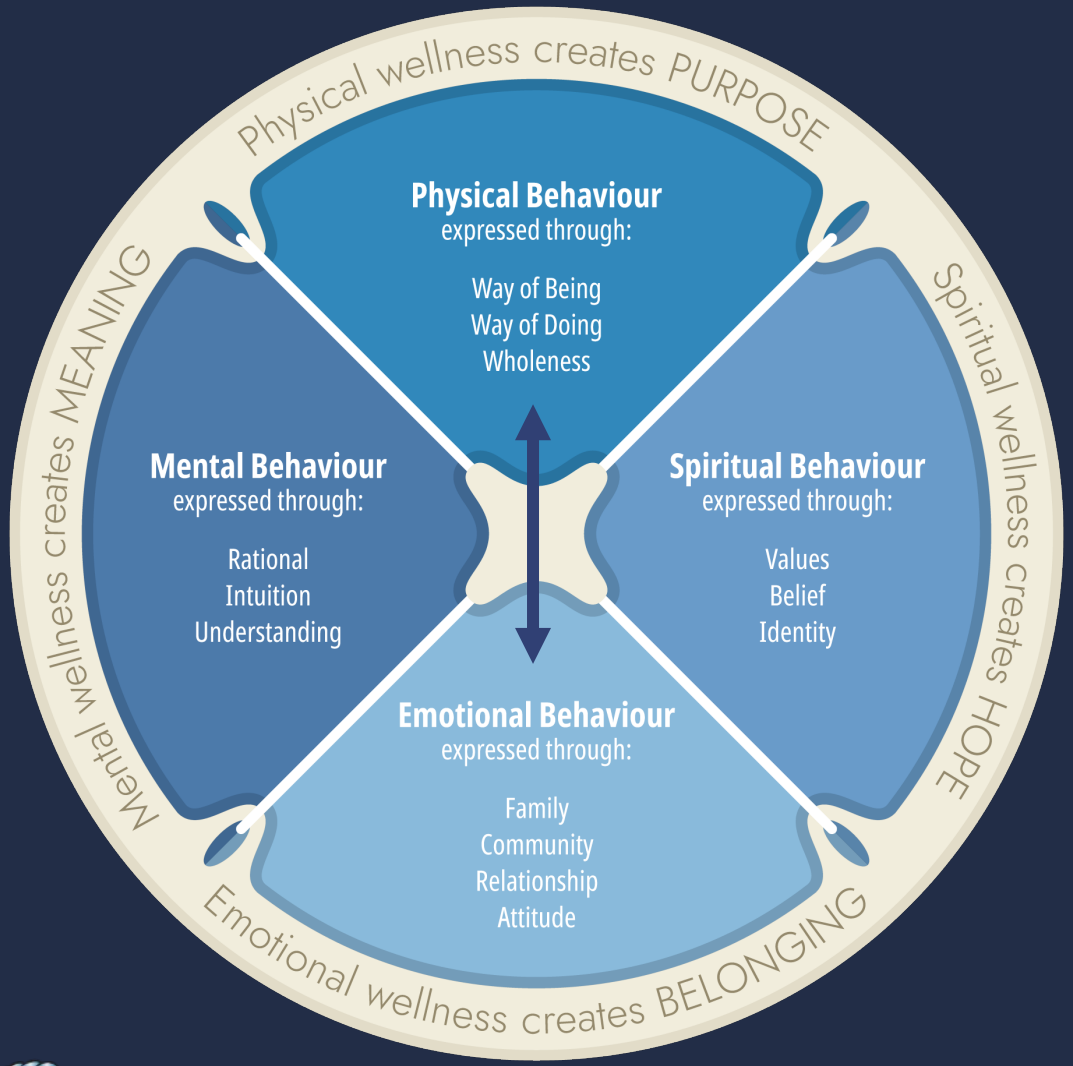


	Group 1	Group 2	Group 3
Self-Entry	2.1	2.0	1.9
Self-Exit	2.4	2.4	2.3

	Group 1	Group 2	Group 3
Self-Entry	2.2	2.1	2.0
Self-Exit	2.43	2.41	2.24

	Group 1	Group 2	Group 3
Self-Entry	2.2	2.1	2.0
Self-Exit	2.6	2.5	2.4

Group 1: daily or several times a week: such as prayer, smudge
Group 2: weekly or monthly, such as Sweatlodge
Group 3: seasonal, may require specific ceremonial practice, such as Fasting



Belonging and Purpose balance each other

Belonging:
- Family
- Community
- Relationships
- Attitude

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Purpose:
- Way of Being
- Way of Doing
- Wholeness

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Review & Dissemination

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Ad Performance

5,791

CLICKS

136,545

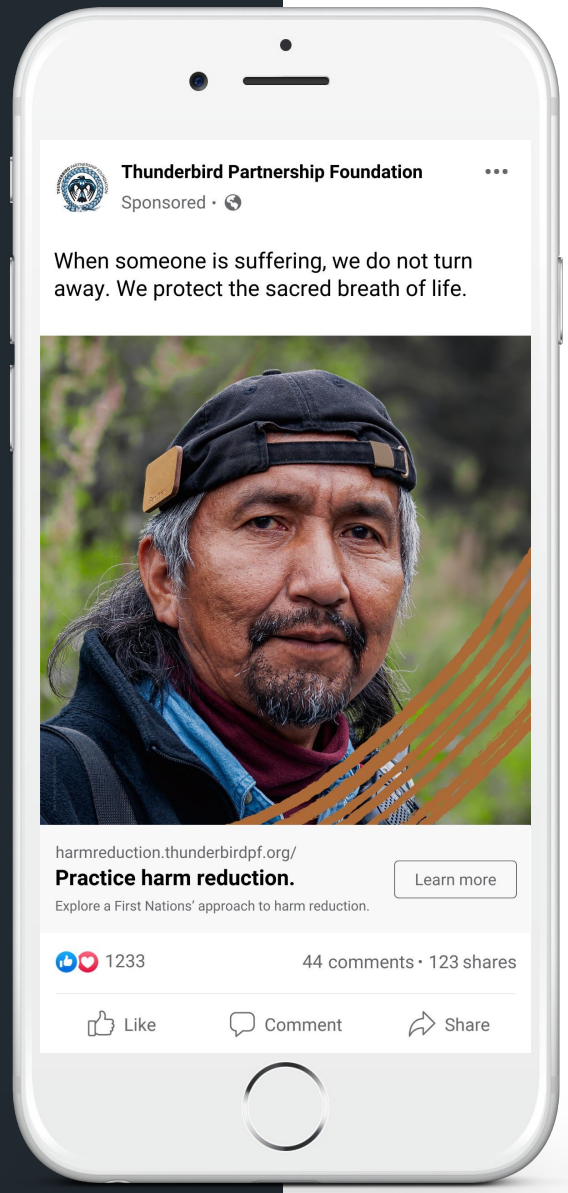
REACH

792,026

IMPRESSIONS

$1.03

AVG. CPC



Platform: Facebook

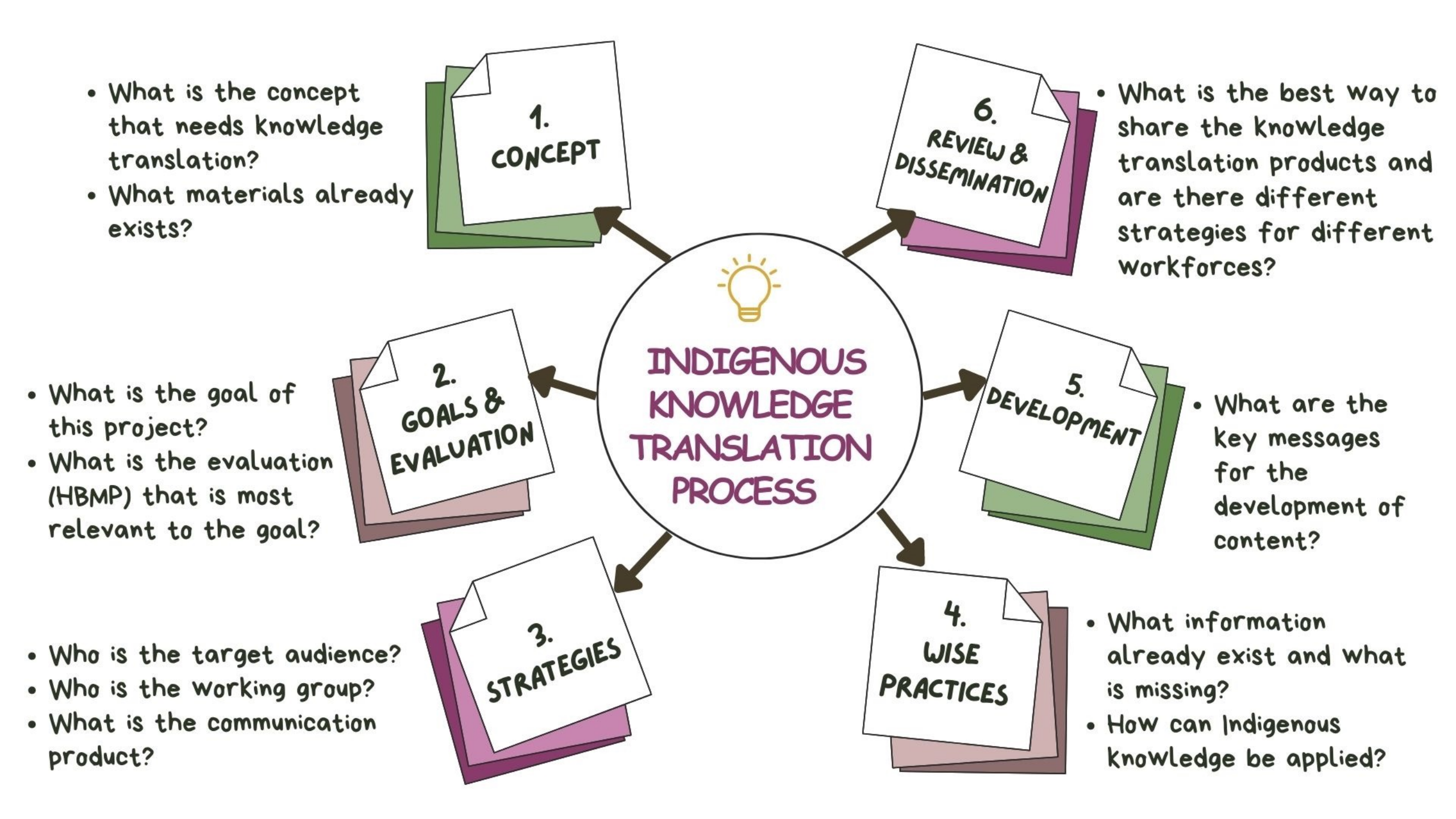
Phase 1 saw over **5,700 clicks and reached** nearly **137,000** individuals.

The ad displayed here was the best performing ad from the campaign with over **1,800 clicks**, **1233 reactions**, **44 comments**, and **123 shares**.

The top three performing ads account for **~72%** of the **total clicks** from the campaign.

Metrics reported are based on average performance from all FB ads.

INDIGENOUS KNOWLEDGE TRANSLATION PROCESS



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